

Welcome to CKF! We are glad that you have chosen us to assist you in treating your substance use disorder. Expectations while attending CKF Residential Programs are meant to provide a safe environment that supports your growth during this very important step towards your recovery.

Staff Responsibility to Patient

- Offer support and professional guidance through the treatment process
- Answer questions or refer patient to someone who can provide an answer
- Maintain appropriate professional boundaries while supporting patients
- Assist in the process of finding positive solutions to issues that arise
- Ensure that each patient has the opportunity to benefit from their treatment experience

Patient Responsibility to Each Other

- Be positive and supportive
- Treat others how you would like to be treated
- Accept that each person is different and that uniqueness is a strength
- Respect the community that you are living in and do your part to make it great
- Be responsible with your belongings and the use of your space
- Ensure that you pick up after yourself and encourage others to do the same
- Focus on sobriety and expect that each member of your community does the same
- Lead by positive example

Patient Responsibility to Self

- Own the experience and be accountable for your actions
- Remember that what you do and say defines who you are and who you become
- Find positive solutions to issues that arise
- Respect yourself and your recovery process
- Maintain your sobriety
- Build something while you are here that will last
- Focus on your recovery

Some specific examples of responsibilities

- Maintain appropriate boundaries and avoid physical relationships while you are here
- Maintain the confidentiality and privacy of those you meet while you are here
- Ensure that visitation is solely set up through your counselor in the form of Family Day
- Ensure that this environment is free of harassment and violence
- Make sure that you know the schedule for the day and attend each of your obligations
- Display appropriate etiquette and politeness during your interactions with others
- Dress in an appropriate way that demonstrates respect for yourself and those around you
- Take care of your personal hygiene on a daily basis
- Respect your neighbors and support their comfort in this environment

If someone is being irresponsible, please appropriately/respectfully let them know what they are doing and how it is affecting your treatment. If it continues, please appropriately/respectfully let staff know.

By signing below, you acknowledge that you have reviewed, fully understand, and agree with the expectations.

Patient Name (printed)

Patient Signature

Date